



Goal Management Training

Client Focused



Multidisciplinary

10-Week Virtual Program

(In conjunction with
Dr. Erin Warriner & Associates)

FOR REFERRALS:
Email: info@rehabfirst.ca
Visit: www.rehabfirst.ca
Call: 1-888-734-2290

Goal Management Training

- Cognitive rehabilitation treatment program
- Online group delivery
- Task-focused activities to improve executive functioning, working and long-term memory, activities of daily living (ADLs) and overall mental health
- Assists in Traumatic Brain Injury (TBI) rehabilitation
- Standardized approach supported by peer-reviewed research

Multidisciplinary Services

- Occupational Therapy
- Physiotherapy
- Rehabilitation Therapy
- Speech-Language Assessment and Treatment
- Social Work/Counselling
- Life Care Plans/Future Care Costs
- Medico-Legal Assessments
- Case Management by Nurses, Occupational Therapists, Social Workers
- Discharge Planning and Transition Management



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